



## Job & Person Description

<b>Job Title</b>	<b>Academy Physiotherapist</b>
<b>Department</b>	<b>Academy</b>
<b>Reports to</b>	<b>Head of Academy Sport Science &amp; Medicine</b>
<b>Responsible for</b>	<b>Part-time Academy Therapists</b>

### Purpose of role

To support the delivery and development of the medical department and to ensure leading quality of provision is available for all players.  
Directly manage the FP and YDP injury and rehabilitation process of all players. To oversee the rehabilitation of the YDP and FP players through line-management of academy therapists and assist with PDP squads.  
To directly input into the injury risk reduction programme, based off a thorough needs analysis and club-based research.

### Main Duties

#### Duties

- Diagnosis of injury and treatment of academy players.
- Organise medical cover for all schoolboy fixtures
- Attend schoolboy fixtures as pitch-side Physiotherapist
- Manage all FP and YDP player injuries from incident through to return to full training
- Ensure players, staff and parents are kept up to date with progress and status of injury
- Continuous research and development of phased rehabilitation protocols to progress player's rehabilitation in a controlled and specific manor
- Responsible for ensuring Kitman Labs is completed and updated for all injured players
- Responsible for ensuring all Academy Therapy staff input all injury data and rehab sessions into Kitman Labs system
- Work alongside the Academy Sports Scientist / S&C Coach in keeping staff updated on player progress, as well as helping the overlap with specific drills and conditioning elements towards the end of rehabilitation
- Work with the Sports Scientist and S&C staff on continual development of individual and group injury prevention plans
- Assist in assessment of movement screening and relevant intervention protocols
- Assist in delivery of group injury prevention sessions
- Ensure all new signed academy players undergo Academy Medical Screening
- Ensure player and medical consent forms are available and up to date for trialist players

#### Other responsibilities

- Be available to travel to other sites outside of their region (if required)
- Be aware of the PUFC policies, procedures & best practise so that concerns of non-compliance can be raised at all times e.g. Safeguarding, Inclusion, Diversity
- Work within the company processes (Academy, HR, Finance, Operations and Marketing Team etc). Seek advice & guidance if required ensuring employees and processes work seamlessly together
- Attend meetings, training and professional updating as and when required

- To adhere to existing working practices, methods, procedures, undertake relevant training and development activities and to respond positively to new and alternative systems.
- To maintain confidentiality and observe data protection and associated guidelines where appropriate.
- Self-assess and work on own personal and professional development
- To uphold the values of Peterborough United Football Club (PUFC) and not tolerate offensive, discriminatory or intimidating language or behaviour.
- To act as an ambassador/role model for PUFC and act in line with the club's commitment to equality and safeguarding.
- To ensure PUFC provides a level playing field for all its fans, players and guests.
- Promote an inclusive environment within the club for colleagues, supporters and visitors, championing a zero-tolerance approach to bullying, harassment and victimisation within PUFC
- Demonstrate a commitment to PUFC's safeguarding policy.
- Promote EFL and FA regulations and ensure compliance with these.
- Ensure PUFC upholds current legislation, in particular, in relation to equality, health and safety and safeguarding.
- Be responsible for reporting any concerns to a senior colleague in relation to equality, health and safety and safeguarding immediately

In addition to these responsibilities carry out such duties as may reasonably be required. The above duties are a guide to the nature of the work required & are not intended to reflect all tasks associated within the role.

### **Person Specification**

These are the attributes you need to be to be considered for this role. All criteria are essential unless stated as desirable only. To be considered for working at PUFC we expect you to share and demonstrate Our Values. These are a key part to you getting the most out of work at Peterborough United Football Club.

#### **Experience & Qualifications**

- Minimum BSc Physiotherapy
- HCPC or MCP Registration
- ITTMIF / ATMIF qualification (or ability to complete within timely manner)
- MSc in Physiotherapy, Sports Medicine OR Equivalent (Desirable)
- Experience of managing or leading junior staff within a football industry (Desirable)
- Experience using GPS technology for Return to Play Protocols (Desirable)
- Experience using PMA/Kitman Labs (Desirable)

#### **Skills and personal attributes**

- Well-presented and professional
- Ability to create strong working relationships with the players.
- Ability to Understanding KPI's and stats to drive KPI improvements
- Ability to travel to various sites
- Ability to build excellent working relationships with our managers, colleagues and staff
- Plan and prioritise workload and own administration so that deadlines and standards are met
- High level of integrity and discretion
- Strong work ethic with a can-do attitude with drive and self-motivation
- Good IT skills with the ability to use MS Office, Teams etc
- Accuracy and attention to detail including good written and verbal skills.
- Understands and embraces speed of response.
- Ability to own issues to resolution