



Job & Person Description

Job Title	Lead Academy Physiotherapist
Department	Medical
Reports to	- Academy Manager - Technical Guidance from the Head of Performance Medicine
Responsible for	- Full Time Academy Physiotherapist - Casual Academy Physiotherapists/Therapists
Purpose of role	
<p>To manage and implement a Category 2 Academy medical programme at Peterborough United Football Club.</p> <p>Provide daily prevention, diagnosis and treatment of injuries to players in the professional development phase and when required first team.</p> <p>To manage and work alongside the Academy Physiotherapist and other part-time therapists to provide excellent evidence-based care to the young footballers in the academy. This will include providing pitch side cover to the U21 team on match days and training days.</p> <p>To support the delivery and development of the entire medical department to ensure leading quality of provision is available for all players both academy and first team everyday throughout a 365-day year.</p>	

Main Duties

Duties

- Implement, manage, and co-ordinate the sports medicine service for players and staff in line with EPPP requirements.
- Attend, report updates and findings to the academy management team and departmental meetings.
- To liaise with Head of Performance Medicine concerning all medical/health related matters for Academy players when required.
- The role will be based at the clubs training ground in Orton Longueville, Peterborough and will include working all U21 games (home and away) and extend to cover U18 games when required. Other duties include working closely with the Academy Physiotherapist (U9-U16) and all club medical staff, in addition to coordinating casual therapists covering U9-U16 training and matches every week.
- Provide support and guidance to academy medical staff on the phase and age specific individual rehabilitation programmes, injury prevention strategies, data collection and reviewing the outcomes.
- Be able to assist in the management of the academy injury clinics, if required, and liaise with players, parents and coaching staff with regards to injury progress and return to play times.

- To assist in the injury management and rehabilitation of all PDP players and when required first team players, with the aim of optimising the healing process.
- Contribute to the design of evidence-based and evidence-informed protocols for return to play plans of academy players, which will allow them to compete at the highest level achievable whilst minimising the risk of reoccurrence of injury.
- Responsible for maintaining and improving the medical KPI of the Academy Performance Plan.
- Encourage an interdisciplinary approach of working within the entire club medical department that includes close links to all areas of the club.
- To fulfill the role of a chartered physiotherapist in the assessment, diagnosis and rehabilitation of all injuries.
- To ensure the latest clinical, scientific and technical innovations to practice are incorporated into maintaining the highest level of care for all academy players.
- To maintain up to date ATMMiF accreditation to meet all legal requirements for this specific part of the role.
- Record all data and online medical notes onto the PMA system in line with the EPPP requirements

Key Relationships

- Academy Manager
- Head of Academy Coaching
- Academy Coaching/Sports Science/Medical staff
- Head of Performance Medicine
- First Team Coaching/Sports Science/Medical staff
- Academy and 1st Team Professional Players

Other responsibilities

- Be available to travel to other sites outside of their region, in particular accompanying players to specialist appointments at short notice (if required).
- Be aware of the PUFC policies, procedures & best practise so that concerns of non-compliance can be raised at all times e.g. Safeguarding, Inclusion, Diversity
- Work within the company processes (People, Finance, Training, Estates and Marketing Team). Seek advice & guidance if required ensuring employees and processes work seamlessly together
- Attend meetings, training and professional updating as and when required
- To adhere to existing working practices, methods, procedures, undertake relevant training and development activities and to respond positively to new and alternative systems.
- To maintain confidentiality and observe data protection and associated guidelines where appropriate.
- Self-assess and work on own personal and professional development
- To uphold the values of Peterborough United Football Club (PUFC) and not tolerate offensive, discriminatory or intimidating language or behaviour.
- To act as an ambassador/role model for PUFC and consider conduct takes into account the club's commitment to equality and safeguarding.
- To ensure PUFC provides a level playing field for all its fans, players and guests.
- Promote an inclusive environment within the club for colleagues, supporters and visitors, championing a zero-tolerance approach to bullying, harassment and victimisation within PUFC
- Demonstrate a commitment to PUFC's safeguarding policy.

- Promote EFL and FA regulations and ensure compliance with these.
- Ensure PUFC upholds current legislation, in particular, in relation to equality, health and safety and safeguarding.
- Be responsible for reporting any concerns to a senior colleague in relation to equality, health and safety and safeguarding immediately

In addition to these responsibilities carry out such duties as may reasonably be required. The above duties are a guide to the nature of the work required & are not intended to reflect all tasks associated within the role.

Person Specification

These are the attributes you need to be to be considered for this role. All criteria are essential unless stated as desirable only. To be considered for working at PUFC we expect you to share and demonstrate Our Values. These are a key part to you getting the most out of work at Peterborough United Football Club.

Experience & Qualifications

Essential:

- A bachelors or masters degree in Physiotherapy and registered with the Chartered Society of Physiotherapy (CSP) and HCPC.
- Have a valid FA ATMMiF course certificate.
- Experience of working within a sporting environment, preferably with an academy setting.
- Valid FA Safeguarding certificate.
- Own transport

Desirable:

- An applied MSC or working towards.
- Have a valid FA ATMMiF course certificate, or be willing to attend course.
- Evidence of strapping/taping CPD
- Understanding of the elite player performance plan (EPPP) legalisations and rules.
- Experience in a senior medical role within an academy setting.

Knowledge

- An understanding of adolescent sports medicine/rehabilitation.
- An understanding of the physical & mental demands of adolescent elite football & long-term rehabilitation strategies.
- A knowledge of common injury problems in adolescent football medicine.

Technical/Clinical/Rehab Skills (skills specific to the job).

- A knowledge of the likely injury problems experienced in adolescent football medicine, Injury prevention strategies and long-term rehabilitation plans.
- A composed and rapid response to any pitch side emergency situations and the ability to deal with such situations independently or part of an MDT.

Skills and Personal Attributes

- Ability and willingness to be flexible with working hours - working irregular and unsociable hours as required, including work outside normal office hours, weekends and Bank Holidays.
- Exceptional ability to motivate individual players through the rehab process.
- Ability to understand academy players needs both on and off the pitch.
- Actively seeks out knowledge and professional development in the field of football medicine.
- A positive outlook and approach.
- Ability to work effectively as part of a multi-disciplinary team and independently.
- The ability to encourage & motivate staff and players.
- Be able to reflect on working practice & accept being challenged.
- Well-presented and professional
- Ability to Understanding KPI's and stats to drive KPI improvements
- Ability to travel to various sites
- Ability to build excellent working relationships within our academy management team, and with fellow colleagues and staff
- Strictly maintain a professional working relationship with all players, staff and colleagues
- Plan and prioritise workload and own administration so that deadlines and standards are met
- High level of integrity and discretion
- Strong work ethic with a can-do attitude with drive and self-motivation
- Good IT skills with the ability to use MS Office, Teams etc
- Accuracy and attention to detail including good written and verbal skills.
- Understands and embraces speed of response.
- Ability to own issues to resolution