



Job & Person Description

Job Title	1st Team Rehabilitation Physiotherapist/Therapist
Department	Medical
Reports to	Head of Performance Medicine
Responsible for	n/a

Purpose of role

To assist the delivery of therapy and rehabilitation services to the 1st Team squad on a daily basis, in addition to provide pitch side medical cover when required.

To support the delivery and development of the medical department to ensure leading quality of provision is available for all players.

To directly input into the injury risk reduction programme, based off of a thorough needs analysis and club-based research program.

Main Duties

Duties

- To assist in the injury management and rehabilitation of all 1st Team players with the aim of optimising the healing process.
- Contribute to the design of evidence-based and evidence-informed protocols for return to play plans of the 1st Team players which will allow them to compete at the highest level while minimising the risk of reoccurrence of injury.
- Encourage an interdisciplinary approach of working within the department that includes close links to all areas of the club.
- To fulfill the role of a chartered physiotherapist or registered sports therapist or registered sports rehabilitator in the assessment, diagnosis and rehabilitation of all injuries.
- To ensure the latest clinical, scientific and technical innovations to practice are incorporated into maintaining the highest level of care.
- Provide emergency aid cover for both 1st Team /U21 training sessions and matches if asked to by the Head of Performance Medicine. To maintain up to date ITMMiF/ATTMiF accreditation to meet all legal requirements for this specific part of the role.
- To maintain detailed records for the department of all therapy care in accordance with relevant legislation, policies and procedures using the clubs electronic notes system.

Key Relationships

- Head of Performance Medicine
- First Team Manager and Coaching/Sports Science/Medical staff
- Professional Players

Other responsibilities

- Be available to travel to other sites outside of their region (if required)
- Be aware of the PUFC policies, procedures & best practise so that concerns of non-compliance can be raised at all times e.g. Safeguarding, Inclusion, Diversity
- Work within the company processes (People, Finance, Training, Operations and Marketing Team). Seek advice & guidance if required ensuring employees and processes work seamlessly together
- Attend meetings, training and professional updating as and when required
- To adhere to existing working practices, methods, procedures, undertake relevant training and development activities and to respond positively to new and alternative systems.
- To maintain confidentiality and observe data protection and associated guidelines where appropriate.
- Self-assess and work on own personal and professional development
- To uphold the values of Peterborough United Football Club (PUFC) and not tolerate offensive, discriminatory or intimidating language or behaviour.
- To act as an ambassador/role model for PUFC and consider conduct takes into account the club's commitment to equality and safeguarding.
- To ensure PUFC provides a level playing field for all its fans, players and guests.
- Promote an inclusive environment within the club for colleagues, supporters and visitors, championing a zero-tolerance approach to bullying, harassment and victimisation within PUFC
- Demonstrate a commitment to PUFC's safeguarding policy.
- Promote EFL and FA regulations and ensure compliance with these.
- Ensure PUFC upholds current legislation, in particular, in relation to equality, health and safety and safeguarding.
- Be responsible for reporting any concerns to a senior colleague in relation to equality, health and safety and safeguarding immediately

In addition to these responsibilities carry out such duties as may reasonably be required. The above duties are a guide to the nature of the work required & are not intended to reflect all tasks associated within the role.

Person Specification

These are the attributes you need to be to be considered for this role. All criteria are essential unless stated as desirable only. To be considered for working at PUFC we expect you to share and demonstrate Our Values. These are a key part to you getting the most out of work at Peterborough United Football Club.

Experience & Qualifications

Essential:

- A bachelors degree graduate who is a member of the Chartered Society of Physiotherapy (CSP) and HCPC registered; or a full member of the Society of Sports Therapists (SST): or a full member of the British Association of Sports Rehabilitators and Trainers (BASRaT).
- Have a valid FA ITMMiF course certificate.
- Experience of working within a professional football club.
- Own transport

Desirable:

- An applied MSC or working towards.
- Have a valid FA ATMMiF course certificate, or be willing to attend course.
- Safeguarding certificate.
- Evidence of strapping/taping CPD

Knowledge

- An understanding of sports medicine/rehabilitation.
- An understanding of the physical & mental demands of elite football & long-term rehabilitation strategies.
- A knowledge of common injury problems in football medicine.

Technical/Clinical/Rehab Skills (skills specific to the job).

- A knowledge of the likely injury problems experienced in football medicine, Injury prevention strategies and long-term rehabilitation plans.
- A composed and rapid response to any pitch side emergency situations and the ability to deal with such situations independently or part of an MDT.

Skills and Personal Attributes

- Ability and willingness to be flexible with working hours - working irregular and unsociable hours as required, including work outside normal office hours, weekends and Bank Holidays.
- Exceptional ability to motivate individual players through the rehab process.
- Ability to understand players needs both on and off the pitch.
- Actively seeks out knowledge and professional development in the field of football medicine.
- A positive outlook and approach.
- Ability to work effectively as part of a multi-disciplinary team and independently.
- Be able to reflect on working practice & accept being challenged.
- Well-presented and professional
- Ability to Understanding KPI's and stats to drive KPI improvements
- Ability to travel to various sites
- Ability to build excellent working relationships with our managers, colleagues and staff
- Plan and prioritise workload and own administration so that deadlines and standards are met
- High level of integrity and discretion
- Strong work ethic with a can-do attitude with drive and self-motivation
- Good IT skills with the ability to use MS Office, Teams etc
- Accuracy and attention to detail including good written and verbal skills.
- Understands and embraces speed of response.
- Ability to own issues to resolution