

**Volunteer Role Description**

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| **Job Title** | Girls Academy Mentee S&C Coach |
| **Department** | Women’s (Girls Academy) |
| **Reports to** | Girls Academy Head of Physical Performance |
| **Responsible for** | N/A |
| **Purpose of role**  |
| To ensure that all players within the Peterborough United FC Girls Academy receive a positive experience, develop as both people and players and support players to progress onto the next stage of the club’s pathway. This role will particularly focus on the effective physical performance of players, ensuring they are robust enough to deal with training loads and develop the physical conditioning traits to help them succeed in football.The purpose of the girls academy is to ensure the women’s first team have a high number of home grown players.There are opportunities to attend CPD events through representation of the club |

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| **Main Duties** |
| Duties* Assist with player load monitoring on both training and match days
* Assist with the delivery of training and match day warm ups and recovery sessions
* Assist and deliver both pitch based and gym-based S&C sessions
* Assist and monitor player GPS analysis (using OHCOACH Fitogether software)
* Assist or manage player fitness testing, further providing players input and data analysis using Microsoft Excel
* Adhere to the appropriate framework and management of Sport Science, S&C and training facilities
* Support the development of a positive culture within the academy
* Maintain a safe environment for everyone at all times
* Collaborate with other staff to develop a progressive learning environment

Other responsibilities * Be available to travel to other sites outside of their region (if required)
* Be aware of the PUFC policies, procedures & best practise so that concerns of non-compliance can be raised at all times e.g. Safeguarding, Inclusion, Diversity
* Work within the company processes (People, Finance, Training, Estates and Marketing Team). Seek advice & guidance if required ensuring employees and processes work seamlessly together
* Always ensure GDPR compliance
* Attend meetings, training and professional updating as and when required
* To adhere to existing working practices, methods, procedures, undertake relevant training and development activities and to respond positively to new and alternative systems.
* To maintain confidentiality and observe data protection and associated guidelines where appropriate.
* Self-assess and work on own personal and professional development

In addition to these responsibilities carry out such duties as may reasonably be required. The above duties are a guide to the nature of the work required & are not intended to reflect all tasks associated within the role. |

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| **Person Specification**These are the attributes you need to be considered for this role. All criteria are essential unless stated as desirable only. To be considered for working at PUFC we expect you to share and demonstrate Our Values. These are a key part to you getting the most out of work at Peterborough United Football Club. **Experience & Qualifications*** FA DBS check
* FA Safeguarding Children Workshop
* Studying or graduated an undergraduate or postgraduate degree in BSc Sports Science or relevant degree
* Applied knowledge of team sport environments
* Previous experience of working within team sports or football (desirable)
* Hold or be working towards UKSCA accreditation (desirable)
* FA Level 1 (IFAF) First Aid qualification (desirable)

**Skills and personal attributes*** Excellent communication skills and the ability to adapt your work ethic professionally
* Well-presented and professional
* Ability to travel to various sites
* Ability to build excellent working relationships with managers, colleagues and staff
* High level of integrity and discretion
* Strong work ethic with a can-do attitude with drive and self-motivation
* Ability to use communication platforms chosen by centre manager
* Accuracy and attention to detail including good written and verbal skills.
* Understands and embraces speed of response.
* Ability to own issues to resolution
* Desire to learn
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| **Hours** | U23 - Wednesday evening and Thursday evening training. Sunday match days where possibleU9-U16 - Friday training sessions, ad-hoc match days and Wednesday sessions |