



## Job & Person Description

<b>Job Title</b>	<b>Academy Sport Scientist</b>
<b>Department</b>	<b>Academy</b>
<b>Reports to</b>	<b>Academy Head of Athletic Development</b>
<b>Responsible for</b>	<b>NA</b>

### Purpose of role

To provide Sports Science support to Peterborough United Academy players, delivering a comprehensive programme that is in line with the Sports Science programme and the Academy philosophy.

### Main Duties

#### Duties

- Deliver a Sports Science (SS) programme that reflects best practice and scientific principles in order to maximise performance.
- Provide technical coaching support in SS, broadening the clubs knowledge and understanding of SS practice in a professional football Academy. Provide SS support to U18 Professional Phase players on training and match days, both home and away.
- Provide SS support to the rehabilitation process in line with the requirements of the Academy Medical team.
- Contribute to and support the development and implementation of the Academy Performance Plan.
- Identify and facilitate appropriate communication methods to explain the most effective use of SS practice. Support the player education process and provide updates on player progress as required.
- Represent the Academy SS department at meetings, events and conferences.
- Engage with and support both personal and departmental continuous professional development.
- Maintain a comprehensive, indexed database of work conducted.
- Work within the rules of professional confidentiality and follow the BASES and/or UKSCA code of conduct, standards and guidelines.
- Assist in the management, maintenance and development of the SS equipment and facilities at the Academy.

#### Other responsibilities

- Be available to travel to other sites outside of their region (if required)
- Be aware of the PUFC policies, procedures & best practise so that concerns of non-compliance can be raised at all times e.g. Safeguarding, Inclusion, Diversity
- Attend meetings, training and professional updating as and when required
- To adhere to existing working practices, methods, procedures, undertake relevant training and development activities and to respond positively to new and alternative systems.
- To maintain confidentiality and observe data protection and associated guidelines where appropriate.
- Self-assess and work on own personal and professional development (CPD)
- To uphold the values of Peterborough United Football Club (PUFC) and not tolerate offensive, discriminatory or intimidating language or behaviour.
- To act as an ambassador/role model for PUFC and consider conduct takes into account the club's commitment to equality and safeguarding.
- To ensure PUFC provides a level playing field for all its fans, players and guests.

- Promote an inclusive environment within the club for colleagues, supporters and visitors, championing a zero-tolerance approach to bullying, harassment and victimisation within PUFC
- Demonstrate a commitment to PUFC's safeguarding policy.
- Promote EFL and FA regulations and ensure compliance with these.
- Ensure PUFC upholds current legislation, in particular, in relation to equality, health and safety and safeguarding.

In addition to these responsibilities carry out such duties as may reasonably be required. The above duties are a guide to the nature of the work required & are not intended to reflect all tasks associated within the role.

### **Person Specification**

These are the attributes you need to be to be considered for this role. All criteria are essential unless stated as desirable only. To be considered for working at PUFC we expect you to share and demonstrate Our Values. These are a key part to you getting the most out of work at Peterborough United Football Club.

#### **Qualifications**

- A qualification at degree level (or equivalent) in Sports Science or Strength & Conditioning from a recognised University (essential)
- Hold or be working towards holding British Association of Sport and Exercise Sciences accreditation. (essential)
- FA Safeguarding Certificate (essential)
- FA Emergency First Aid in Football (essential)
- A qualification at higher degree level (or equivalent) in Sports Science from a recognised University (desirable)

#### **Experience, skills and personal attributes**

- Experience providing SS support to elite youth athletes and coaching staff with proven ability to positively impact performance (essential)
- A knowledge and understanding of the physiological demands of elite youth football (essential)
- Awareness of the pressure and challenges of working in a high-performance environment (essential)
- Able to create and maintain positive working relationships with key stakeholders (essential)
- Able to deliver SS support on a group and individual basis (essential)
- Knowledge and understanding of the Elite Player Performance Plan and associated audit process (desirable)
- Previous experience of using Catapult GPS tracking technology and interpretation of associated data. (desirable)
- Proficient in the use of data management and analytics packages including PowerBI and Excel. (desirable)
- Experience dealing with the challenges associated with the transition of players through the Academy development pathway (desirable)